

CURRICULUM VITAE

Education

- 2010** Nazareth College- Master of Science in Creative Arts Therapy
- 2008** Rochester Institute of Technology, School for American Crafts
Bachelor of Fine Arts/Glass, Concentration in Psychology; Highest Honors; Dean's List
- 2007** Denmark International Study Program (DIS) in Copenhagen, Glass in Scandinavia Summer program
- 1993 - 1995** Long Island University at Southampton Campus- Fine Art Major

Experience

- 2012-2016 Art Therapist.....Children's Aid Society, New Oxford, PA**
Providing child-centered and other eclectic interventions in therapeutic services to individual children ranging from age 4-18 years. Various diagnoses and trauma addressed, including: depression, ODD, ASD, anxiety, ADHD, PTSD, abuse, neglect, parental separation/divorce, multiple caregivers, foster placement, incarceration of parent(s), eating disorder, etc. Other responsibilities include: scheduling, conducting intake appointments, individual treatment plans, maintain client files and progress notes, use of art therapy assessments and play therapy techniques when appropriate.
- 2012 Group FacilitatorAlzheimer's Association of Long Island, Bayshore, NY**
Conducted a weekly art therapy group for adults with early on-set dementia or early stage Alzheimer's disease. Using a multitude of art media, the focus was on the client's self expression, positive reinforcement, self-confidence, feeling successful and safety.
- 2011 Art Therapy Co-LeaderPrivate Practice of Shannon Halligan, LCAT, Rochester, NY**
Assisted in the implementation, functioning, and therapeutic services of a bi-weekly group for children (ages 6-12) diagnosed with Autism and their siblings. Art and Play therapy techniques were employed.
- 2011 Activities AssistantThe Gables at Brighton, Rochester, NY**
Assisted in the coordination of activities for the senior residents of an independent living community. Ran gaming, art and social groups/events. Assisted the director with various administrative duties such as creating and updating databases, weekly reports and organization of files, both paper and electronic. Also filled in as concierge at the front desk; managing the phone, various logs and schedules, money tills, community support and respondent to emergencies. Proficient use of Microsoft Excel and Word.
- 2011 Child Habilitation SpecialistMary Cariola, Fairport, NY**
Assisted in the daily living activities of developmentally delayed adolescent residents and the routine household maintenance. Worked with residents on gross and fine motor skills, promote self care, communication, therapeutic feeding, sensory stimuli and use of therapeutic equipment; also included were: recreational activities, community outings, behavior management programs, data collection, record keeping and reinforcement systems. Certification obtained in: SCIP-R (Strategies for Crisis Intervention and Prevention-Revised) and First Aid, Heart Saver FA/CPR/AED.
- 2009 - 2010 Primary Therapist/Art Therapy Intern.....Nazareth Art Therapy Clinic, Rochester, NY**
Provided eclectic art therapy approaches and interventions for adults coping with mental health concerns, Aphasia, traumatic brain injury (TBI), breast cancer, and the aftermath of stroke with physical and speech impairments. Performed assessments with new clients. Co-led the group of adults with Aphasia; created special adaptive pencil/brush holders to allow clients the use of their impaired hand that was previously dominant prior to stroke. Created treatment plans, maintained records and patient data and mentored new interns within a community setting environment where clinic referrals stem from outlying organizations.
- 2009 Kids Camp Staff/Art Therapist.....Nazareth Physical Therapy Clinic, Rochester, NY**
Utilized an inter-disciplinary approach which included physical, music, and speech therapy. Provided a psycho-educational art therapy group experience for children of the Autistic spectrum and comorbid disabilities (ages ranging 5-11 years), in order to increase self-expression, physical mobility, social interaction with peers and behavioral modification.

- 2009 Art Therapy Intern.....Continuing Developmental Services, Webster, NY**
Co-led art therapy groups for a day habilitation setting and provided individual art therapy for clients. Clientele included adults with developmental delays, TBI, multiple diagnoses, physical disabilities (CP and wheel chair bound clients) and the visual and hearing impaired.
- 2010 - 2011 InternO-AT-KA School of Glass, Batavia, NY**
Inventory, cataloguing of library into a database, class set-up, clean up, assist with various glass fusing workshops (i.e. for girls scouts & senior living homes) and other misc. jobs as needed.
- 2009 - 2010 Glass Workshop Instructor.....Studio 34, Rochester, NY**
Taught techniques involving glass casting, fusing, and flameworking to the general public. Kiln experience utilized to fire students' work.
- 2009, 2011 Visiting Instructor.....Nazareth College, Rochester, NY**
Pioneered and taught a Glass Mandala Workshop, a new technique and directive that marries glass working and art therapy, to college students. Also taught a photo transfer method for glass fusing in Phototherapy.
- 2009 Evening Instructor - Jewelry Making.....Continuing Developmental Services, Webster, NY**
Helped clients with MR learn beading to promote manual dexterity, patience, and relaxation in a social setting.
- 2008 Art Room Volunteer.....ARC of Monroe, Rochester, NY**
Assisted the instructor with various tasks and clients (with mild-moderate MR, developmental delays) with art directives and to accomplish success.
- 2008 Framing Specialist.....Joann's Fabric & Crafts Etc., Rochester, NY**
Duties included cashier, customer service, custom frame order assembly, store signage and other regular retail functions.
- 2008 Teacher's Assistant/Stained Glass.....Rochester Institute of Technology, Rochester, NY**
Assisted college students with stained glass process from ideation, concept, cutting through copper foiling, soldering to completion and critique.
- 2002 - 2004 Accounting Clerk.....Classic Transportation, Bohemia, NY**
Accounts receivable, data entry, Microsoft Excel reports, past due collections, daily reconciliation of driver reports and funds, and other basic clerical duties as needed.
- 1992 - 2002** Various retail positions held at several companies and locations, ranging from entry level to management.

Extracurricular Learning Experiences

- 2016** 47th Annual American Art Therapy Association Conference; Baltimore, MD
- 2015** Trauma Focused-Cognitive Behavioral Therapy; 10 hours Online Training and 2 day in-person training with Dr. Mannarino; Mechanicsburg, PA
- 2015** *Autism & Social (Pragmatic) Communication Disorder: A DSM-5® Update* Webinar
- 2015** Recognizing and Reporting Child Abuse: Mandated and Permissive Reporting in Pennsylvania
- 2014** *Art Therapy & Anxiety* Seminar; Baltimore, MD
- 2014** Play Therapy Conference; Altoona, PA
- 2014** *Autism Symposium* presented by the Behavioral Health Task Force at Gettysburg Hospital, PA
- 2014** Maryland Expressive Arts Conference; Linthicum Heights, MD
- 2014** *Transitioning to ICD-10: Why It's Important to Behavioral Health Care Providers and How to Prepare* Webinar
- 2013** Delaware Valley Art Therapy Association (DVATA) Conference; Malvern, PA
- 2010** *Intercultural and Ethics in Creative Arts Therapy*; Niarte Institute; Brevens Bruk, Sweden
- 2010** *Mini MARI workshop*; Nazareth College; Rochester, NY
- 2009** American Art Therapy Association Conference; Dallas, TX
- 2008** *Puppetry workshop* with Matthew Bernier MCAT, ATR-BC; Nazareth College; Rochester, NY
- 2008** *Child Abuse Workshop*; Nazareth College; Rochester, NY
- 2008** *DBT*, American Art Therapy Association Conference; Cleveland, OH
- 2008** *Native American Calendar Stick*, American Art Therapy Association Conference; Cleveland, OH